



RELEASE INFO

CATALOG #: RVL013
FILE UNDER: Hardcore/Punk "G"
FORMAT: MCD
RELEASE DATE: July 12, 2005
UPC #: 8-80270-03942-5

WHOLESALE PRICE:
MCD - \$5.50 each

SELLING POINTS:

- For fans of COUNT ME OUT, CARRY ON, BATTERY, and CHAIN OF STRENGTH.

- As seen on tour with BLUE MONDAY, ALLEGIANCE, SHOOK ONES, GUNS UPI, and many more.

- Artwork and layout design by Scott Magrath (Examples of past work include: Terror, Champion, Desperate Measures, Piece By Piece, Guns Up, and Allegiance)

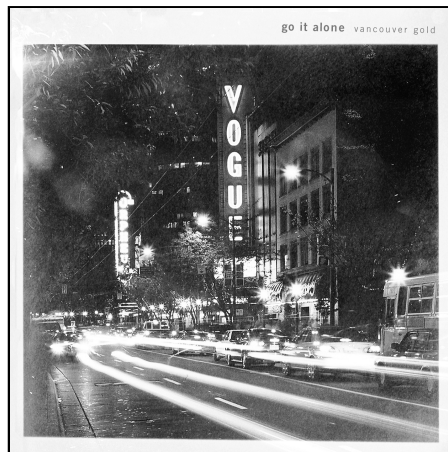
- Heavy advertising in national print and online magazines (featured advertisements in AMP Magazine and Maximum Rock N' Roll, each have 50,000+ national press runs).

- Prior to the CD's release, GO IT ALONE has completed an East Coast/Midwest Tour and 4 West Coast Tours. The band has already booked a North American tour for July 2005 featuring, GO IT ALONE, BLUE MONDAY, and ALLEGIANCE.

"Vancouver Gold" MCD

The debut effort from GO IT ALONE, entitled "Vancouver Gold", is melodic hardcore at its best. Taking cues from the likes of CHAIN OF STRENGTH, GO IT ALONE mixes aggressive straight-ahead hardcore with an emotion that brings to mind only a few in recent memory, namely COUNT ME OUT and BATTERY. This EP has a similar driving, melodic sound, yet the lyrical content and the overall feel of the record is much darker and more brooding than that of its contemporaries. With topics ranging from the horrors of prostitution to the struggle with self image, this record exposes both the grit and the gold of the band's paradoxical hometown of Vancouver, British Columbia.

This is a re-release of the "Vancouver Gold" EP, originally released in the Fall of 2003 by Straight On Records. After the release of the EP, the band spent the winter writing new music, which was to be released as a full length recording on Rivalry Records. With the recording dates only 2 weeks away, the band's drummer, Lucas McFadden, experienced a terrible accident - falling 500 feet off of a cliff in April of 2004. Lucas broke his back, neck, arm, ribcage, and punctured a lung. He also experienced internal brain swelling, a bruised heart, and temporary paralysis. He spent the bulk of 2004 recuperating, and shockingly, GO IT ALONE returned stronger than ever, playing a "comeback show" in December of 2004. The band is slated to release their long awaited full length on August 23, 2005.



TRACK LISTING

1. Statement
2. Our Mistakes
3. The Silence
4. The Best Of You
5. Turn It Off
6. Picking Up The Pieces



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